

DRESS CODE

Saint Theresa's school uniform identifies those who wear it as members of a Catholic community committed to virtue and excellence. The uniform supports and promotes a unity of purpose, and the reality of being a member of something larger than oneself. We want our students to dress their best, and look their best, so that they will be their best. In addition, Saint Theresa Catholic School establishes a uniform for the following reasons:

- To instill modesty, good grooming habits, and neatness in appearance.
- To maintain a proper academic environment within the school community.
- To reduce superficial competitiveness in dress among students so as to reflect and support the dignity of the individual.

It is the parent's responsibility to make sure their student is in compliance with the uniform policy. Students are to arrive and leave school in proper uniform throughout the school year, from the first day of school orientation to the last day of school. Students are expected to follow uniform code based on gender at birth. Each student's dress and personal appearance should be such as not to disrupt or distract the educational environment of the school.

Saint Theresa's reserves the right to insist that the dress and grooming of students are within the limits of generally accepted good taste in school, as well as at all school-sponsored events. If there is doubt as to the appropriateness of some attire, it should not be worn until it has been approved by an administrator.

St. Theresa school uniforms are only available from [Anton Uniforms](#). Used uniforms, donated by families, may be available through the school office.

Preschool, Pre-Kindergarten, Transitional Kindergarten

GIRLS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Saint Theresa Plaid Jumper or Skirt
(Saint Theresa Bike Shorts or Black Mesh Shorts are required underneath.)
- Unisex Youth Elastic Shorts or Pants (Navy Twill)
- Saint Theresa Jersey Polo Dress with School Crest

BOYS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Elastic or Flat Front Shorts or Pants (Navy Twill)

Kindergarten

GIRLS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Saint Theresa Plaid Jumper or Skirt
(Saint Theresa Bike Shorts or Black Mesh Shorts are required underneath.)
- Saint Theresa Plaid Skort
- Unisex Youth Elastic Shorts or Pants (Navy Twill)

BOYS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Flat Front Pants/Shorts - (Navy Twill)

First Grade - Second Grade

GIRLS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Saint Theresa Plaid Jumper or Skirt
(Saint Theresa Bike Shorts or Black Mesh Shorts are required underneath.)
- St. Theresa Plaid Skort
- Saint Theresa Girl's Flat Front Shorts or Pants (Navy Twill)

BOYS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Flat Front Pants/Shorts - (Navy Twill)

Third Grade - Eighth Grade

GIRLS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Saint Theresa Plaid Skirt
(Saint Theresa Bike Shorts or Black Mesh Shorts are required underneath.)
- Saint Theresa Girls Flat Front Shorts or Pants (Navy Twill)

BOYS

- Saint Theresa Unisex Polo - Short or Long Sleeve with School Crest
- Flat Front Pants/Shorts - (Navy Twill)

RELATED DRESS CODE ISSUES

GIRLS

- Uniforms must be clean and in good condition.
- Shirts must be tucked in for Mass and other school events.
- Skirt and jumper lengths should be no shorter than two inches above the kneecap, front and back, for all grade levels. Girls are not permitted to roll or pull up their skirts.
- PS - 2nd grade girls may wear skorts at mid-thigh length or longer.
- Shorts must fit properly and fall below mid-thigh for all grade levels.

BOYS

- Uniforms must be clean and in good condition.
- Shirts must be tucked in for Mass and other school events.
- Shorts must fit properly and fall below mid-thigh for all grade levels with no visible undergarments.

SHOES, SOCKS, TIGHTS and LEGGINGS [Examples](#)

- Shoes must be flat, athletic shoes that enclose the entire foot, and remain tied. They may be solid colored, two-toned, or three-toned in black, white or gray only (No exceptions).
 - Logos, soles, eyelets, laces, or other adornments must be black, white, or gray only.
 - Designs may not include pictures, words, or elaborate patterns.
 - May be low-tops, mid-tops, or high-tops, but platform soles are not permitted.
 - May not have lights, 3-D decorations, wheels, sparkles, or other embellishments.
 - ECC and kindergarten students may wear Velcro closures that also meet the above criteria.

- ECC girls may wear “Mary Jane” style shoes with a strap closure in black, white or gray only.
- Socks should be plain black, white, or gray - above the shoe line, and below the knee. (A small manufacturer's logo in black, white, or gray is permitted.)
- Girls may wear plain black, white, or gray tights.
- Girls may also wear black or white leggings under their uniform skirt/jumper with socks of the same color (Leggings must reach the ankle).

JEWELRY

- All students may wear one small, religious necklace and/or bracelet (Cross or religious medal only).
- Students may also wear a scapular under their shirt.
- Watches may be worn. (Smartwatches are not allowed.)
- Girls may wear one small stud earring in each ear. Hoops, dangles, and other piercings are not permitted.
 - 7th and 8th grade girls may wear up to two pairs of small stud earrings (in their ears).

HAIR

All student’s hair must be kept clean and neat. Hair must be natural in color. Hair extensions and elaborate or fad hairstyles that distract from the learning environment are not permitted. Hair must be kept out of the eyes.

- Boy’s hair must be above the collar and styled so that it does not fall below the eyebrows or past the midpoint of the ear.
- Hairstyles considered inappropriate include: shaved designs, spiked hair, Mohawks, fauxhawks, a shaved head, tails, or mullets.
- Boys must be clean-shaven. Facial hair is not acceptable.
- Girls may wear headbands, scrunchies, and hair bows in solid uniform colors or uniform plaid. (Cat ears and other embellishments are not permitted.)

NAILS

- Nails must be clean and trimmed short.
 - Girls in 7-8 may wear clear polish or French manicure. (Colored nail polish, gel polish, dip powder, and other fake nails are not permitted.)
 - All other students must keep their nails natural.

MAKEUP

- Girls in grades 7-8 may wear neutral/natural foundation or powder, black or brown mascara, and neutral/natural lip gloss.
 - They are not permitted to wear: false eyelashes, eye shadow, eyeliner, eyebrow pencil, blush, glitter, or any other make-up deemed to be inappropriate.
- 6th grade girls may wear neutral/natural lip gloss. No other make-up is permitted.
- All other students must refrain from wearing make-up of any kind.

BODY ART

- No tattoos or henna/temporary tattoos.
- Students may not draw on themselves or others.

SCHOOL SPIRIT DAY

- Students may wear a Spirit Shirt every Thursday.
- Spirit Shirts include those ordered from the Spirit Store or purchased for other school sponsored events. (ie. Spring Musical)

FREE DRESS DAY

Student birthdays are considered free dress days. If their birthday falls on a Mass day, we ask that they wear their free dress on the day before or after. On non-uniform or free dress days, students must still follow the dress code. As always, modesty is mandatory.

The following are non-uniform/free dress day regulations:

- Jeans, slacks, capri pants, and shorts must be clean and with no holes.
- Pants may not be tight, over-sized, or baggy.
- Skirt and dress lengths should be no shorter than two inches above the kneecap, front and back, for all grade levels.
- Shorts must be no shorter than mid-thigh.
- Students may wear athletic basketball shorts that are mid-thigh or longer in length.
- Students may not wear biker shorts, cut-offs, clothing with inappropriate slogans, tank tops, midriff shirts, spaghetti strap tops, tube tops, leggings, yoga pants, or flannel pajamas (or clothing which is sheer or exposes undergarments).
- Athletic shoes or athleisure shoes (Vans) that enclose the entire foot are to be worn.
- On campus after school hours, the non-uniform dress code still applies.
- Clothing with graphics or logos that portray material that is considered unacceptable by the staff is not allowed.

FORMAL AND SEMI-FORMAL EVENTS

There are specific formal and semi-formal dress codes for special events, including end of the year ceremonies, graduation, concerts, art shows, and dances. Specific guidelines will be issued for each, but, in general, the following guidelines will apply:

GIRLS

- Dresses and skirts should be a modest length.
- Modest necklines.
- Shoulders should be covered.
- Bare midriffs are not acceptable.
- No tight or form fitting clothing.
- Dress shoes are required (flats or low heels).

BOYS

- Dress pants, a collared dress shirt, belt, and tie.
- Dark socks and dress shoes are required.

ADULT DRESS ON CAMPUS

Parents are members of the St. Theresa Catholic School community and the primary educators

of their children. Therefore, it is important that they instill modesty, good grooming, and neatness in appearance while on campus, at school, and church events.